

Timely Tip for March Gardeners From Calloway's Nursery

This is the year to grow your own fruits and vegetables! Our most popular clinic in 2009 was our "Spring Vegetables and Herbs" clinic and we will be hosting two clinics on that topic in March.

Many positive things come from growing a garden. Working in a garden can help to relieve stress and increase your overall activity level. Sunlight can improve sleep, deter depression and promote a stronger immune system. Growing your own garden allows you to control what fertilizers, pesticides and fungicides are used during the raising of your crops. But, most importantly, vegetables and fruits grown in a home garden tend to be more flavorful and nutritious!

When selecting a site for your gardens keep these requirements in mind. All vegetables need at least 6 hours of direct sunlight each day. Eight to 10 hours each day is ideal. The soil should be fertile and easy to work. Improve the texture by adding organic compost material. Container gardening is perfect if you have space or soil limitations. Gardens will need at least one inch of water per week including rainfall.

For more information about home gardening, please join us on the following dates. Click here <http://mytexasgarden.com/index.php/free-clinics/> for a complete list of our **FREE** in-store clinics. Clinics are held in every store.

Saturday, March 6th at 10:15 am-The Edible Festival!

Learn how to grow and harvest the best vegetables and herbs for our area!

We will have special events on home gardening this day.

Saturday, March 27th at 10:15 am-Spring Vegetables and Herbs

Come see and hear how to start and nurture a home garden.

Success in the garden begins with a good foundation! Become a member of our Garden Club and come grow with us! Visit www.mytexasgarden.com to join today!

